

## Simple Stitched Hot Pads



### MATERIALS



Our Materials for Simple Stitched Hot Pads kit includes...

- 1/4 yard of each of the following Robert Kaufman fabrics: Railroad Denim, Small Twill, Denim; Chambray Union, Dot, Indigo; Railroad Denim, Fine Stripe, Indigo; Railroad Denim, Slub Stripe, Denim; and Chambray Union, Slub, Indigo.
- 1 yard of Dorr Mill's Wool Yardage, Natural
- 1 yard of Warm Company's Insulated Lining
- 3 yards of Purl Soho's 14mm Twill Tape, Ecru
- A ball of DMC Pearl Cotton, Size 8, Cream
- A small spool of Gutermann's Cotton Thread, color 1040

You'll also need...

- An erasable fabric marker

These are enough materials to make twelve Hot Pads.

### SIZE

Finished dimensions: 7-inches by 12-inches

### NOTE

Pre-wash and dry all the fabrics. Do not wash the Insul-brite lining. Washing and drying the wool will felt it and make it nice and fluffy!

## PATTERN

### Cut

From one of the cotton fabrics cut a rectangle, 8 inches wide by 13 inches tall.

From the wool cut a rectangle, 8 inches wide by 13 inches tall.

From the lining cut a rectangle, 8 inches wide by 13 inches tall.

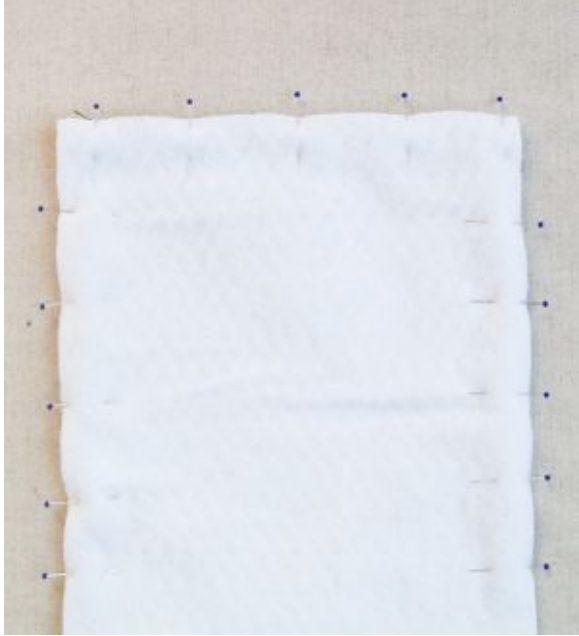
From the twill tape, cut a 7-inch length.

### Sew

Orient the cotton rectangle so that the long sides are vertical, the short sides are horizontal and the right side is facing up.



Fold the twill tape in half so that the two raw ends meet and there is a half twist in the tape, as shown above. Place the raw ends of the twill tape at the center of the top short side of the cotton rectangle, as shown above.



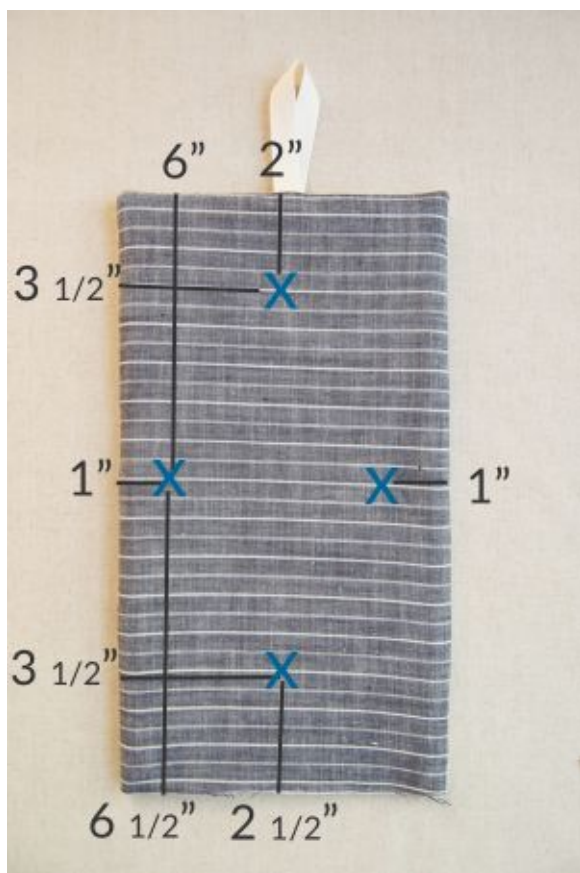
Place the wool rectangle, wrong side up, on top of the cotton rectangle, making sure that the twill tape stays in place. Then place the lining on top of these layers and pin all three layers together along all four edges. Be sure to pin the twill tape in place.



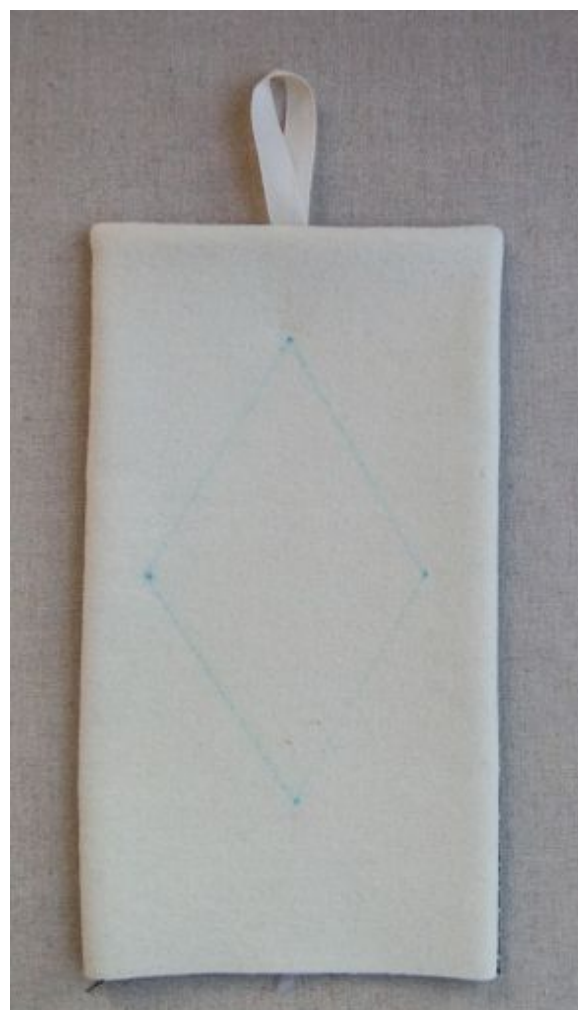
Using your machine's walking foot and a ½-inch seam allowance, sew all the layers together along both long sides and the top short side (including the twill tape), leaving the bottom short edge unsewn.

Turn the hot pad right sides out. The cotton will be on one side, the lining will be in the center, and the wool will be on the other side.

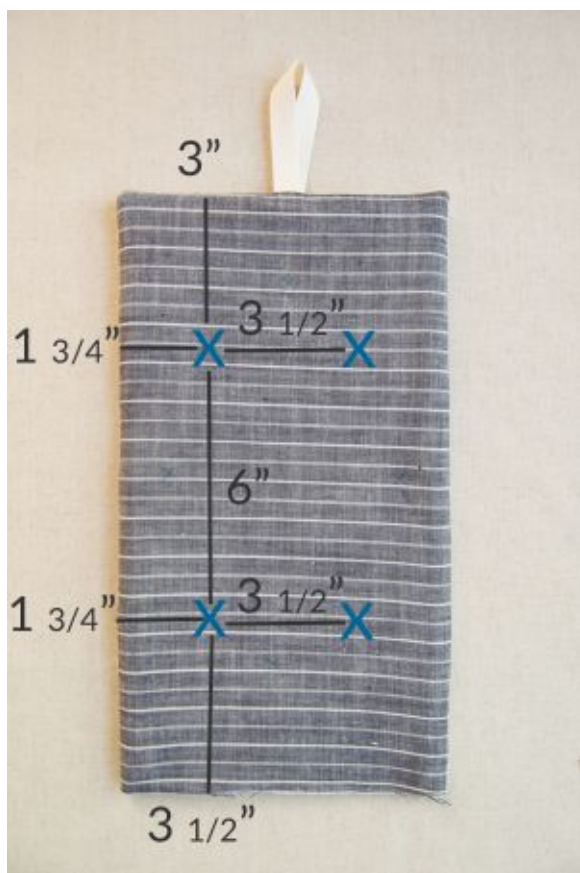
Next you will mark the hot pad for the hand-stitched quilting. You have three options:



Four-stitch diamond option: On the cotton side, make four small marks (represented here by white x's), as directed above.

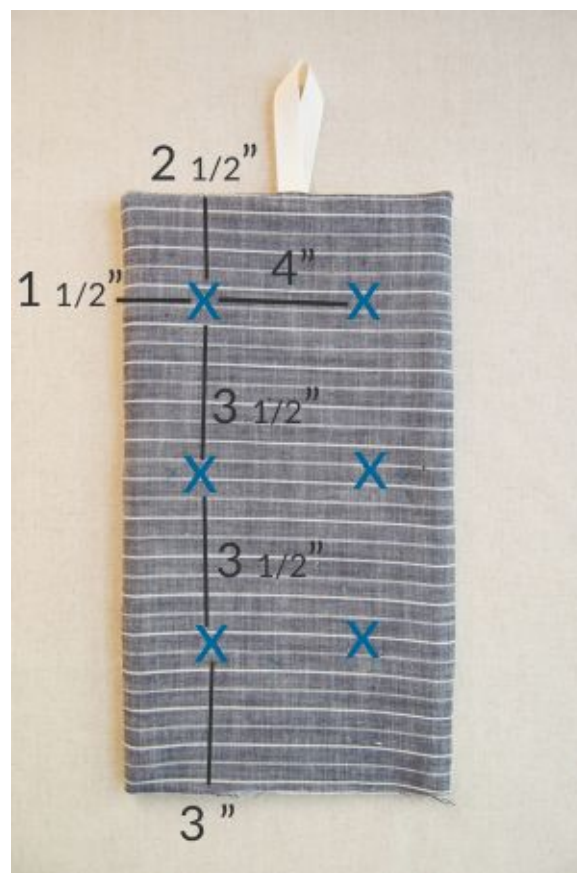


Mark the wool side of the hot pad in the same way and then connect these marks to create a diamond shape, as shown above.



Four-stitch rectangle option: On the cotton side, make four small marks, as shown above.

Mark the wool side of the hot pad in the same way and then connect these marks to create a rectangle shape.



Six-stitch rectangle option: On the cotton side, make six small marks, as shown above.

Mark the wool side of the hot pad in the same way and then connect these marks to create a rectangle shape.

Thread a length of pearl cotton and tie a knot at the end. Pull the needle through the bottom open edge of the hot pad, exiting on the cotton side at one of the top-most marks. This hides the knot inside the hot pad.





At each mark you will stitch a cross stitch through all three layers of the hot pad, securing the layers together.

You already exited the hot pad at point 1, now with the cotton side facing up, re-enter at point 2, exit again at point 3, re-enter at point 4. These stitches should be approximately 3/8 inch long.

The wool side of the backstitch looks like two parallel, vertical lines.



Having exited on the wool side of the hot pad, now sewing just through the lining and wool layers, stitch an approximately 1/4-inch running stitch every inch along the straight marked line towards the next marked point.

At the next marked point make another cross stitch and then travel along the wool side in the same manner to the next marked point. Keep going like this until you have made it all the way around to the first marked point.



The needle should now be on the wool side at the first marked point. Tie a small knot into the first stitch. Then insert the needle at the last exit point and pull it under just the wool layer and then out an inch or so later. Clip the thread at the exit point to hide the end.



Fold the remaining raw edges a ½ inch inwards and pin them together. Using the sewing thread, handstitch the edge closed with a blind stitch.



Erase the fabric markings on the wool and you're all done!

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<http://www.purlbee.com/2013/12/14/mollys-sketchbook-simple-stitched-hot-pads/>